



# WGH cycling facilities

## Where to park your bike?

There are various free standing parking spaces available around Wansbeck General Hospital. Sheffield stands and wall mounted wheel stands are available for staff, patients and visitors. Codes are required to access the cycle shelters - to obtain a code please contact:

Estates Department, North Tyneside General Hospital, Extension 34353. [carparking@nhct.nhs.uk](mailto:carparking@nhct.nhs.uk)

## Showering and changing facilities

Male and female showers and changing facilities are available in the staff changing room, admin and opposite to A&E. For more information on showers, changing facilities and lockers please contact:

Lillian Key, Domestic Supervisor, Wansbeck. Extension 33895. 01670 52 9895  
[lillian.key@nhct.nhs.uk](mailto:lillian.key@nhct.nhs.uk)

Sheffield stands and wheel fixings	Spaces
Main entrance	3
South entrance	2
<b>Total</b>	<b>5</b>

Cycle shelters	Spaces
South entrance	10
Bike shed - entrance of the new car park in South entrance	10
Service yard	20
Bike compound - rear of estates yard	40
<b>Total</b>	<b>80</b>

