



NTGH cycling facilities

Where to park your bike?

There are various free standing parking spaces available around North Tyneside General Hospital. Sheffield and wall mounted wheel stands are available for staff, patients and visitors. Codes are required to access the cycle shelters - to obtain a code please contact:

Estates Department, North Tyneside General Hospital, Extension 34353. carparking@nhct.nhs.uk

Showering and changing facilities

Male and female showers and changing facilities are available in the staff changing room, at the rear entrance of the hospital. A code is required to access the facilities - to obtain a code please contact:

Jackleen Brown, Domestic Superintendent. Extension 32267. jackleen.brown@nhct.nhs.uk

Sheffield stands and wheel fixings	Spaces
Theatre staff entrance	10
Main entrance	6
Rear staff entrance	12
DRC	4
Wd 12 ambulance entrance	4
Total	36



Wall mounted wheel fixings	Spaces
Rear of ward 4	4
Rear staff entrance	5
Path lab deliveries	6
Total	15

Cycle shelters	Spaces
Front of hospital - timber bike shed next to revolving doors	8
Rear of dining room	20
Ward 19/20 entrance	10
Opposite to maternity entrance - front of hospital	24
Total	62

