



GambleAware[®]

IS GAMBLING GETTING IN THE WAY OF THE LIFE YOU WANT TO LIVE?

If you are concerned about your gambling or you are a family member needing support, you can talk to us.

We provide **FREE** support for gamblers as well as friends and family who are affected, and we can help each person in their own right.

[Find help and support today;](#)

NECA in partnership with GamCare provides a range of short and longer term treatment options, either over the phone or face-to-face.

Our services are free, flexible and confidential.

Contact Telephone –

NECA Gambling Services

0191 562 3309

National Helpline Number – 0800 8020 133

Charity Number: 516516