



Blyth cycling facilities

Where to park your bike?

There are various free wall mount wheel stand spaces available around Blyth Community Hospital. Codes are required to access the cycle shelters - to obtain a code please contact:

Estates department, North Tyneside General Hospital. Extension 34353. carparking@nhct.nhs.uk

Showering and changing facilities

Male and female showers and changing facilities are available in the changing area. For more information on on showers, changing facilities and lockers please contact:

Rachel Smart, Support Service Officer. Hotel Services. Extension 6708. rachel.smart@nhct.nhs.uk

Wheel mounted stands	Spaces
Main entrance	6

Cycle shelters	Spaces
Rear of the hospital	10

